



Senior High Curriculum

1. REDUCING THE DEMAND FOR DRUGS: A SHARED RESPONSIBILITY

Concept: Decisions to use alcohol and other drugs may lead to significant negative consequences for teenagers, their families, and the Communities in which they live.

Purpose: To reinforce for students the concepts and skills of the **D.A.R.E.** (Drug Abuse Resistance Education) program and to clarify for students the role of the **D.A.R.E.** officer-instructor in the school.

Objective: Students will be able to associate the use of alcohol and other drugs with the increased risk for problem behaviors that result in negative consequences.

2. COMMUNICATING CHOICES ASSERTIVELY

Concept: Being assertive helps people communicate their choices and feelings and still respect the choices and feelings of others.

Purpose: To help students develop skills to communicate their choices and feelings assertively.

Objective: Students will be able to respond assertively in communicating their choices in various situations involving possible substance abuse.

3. DRUG-RELATED BEHAVIORS AND THE LAW

Concept: Laws are codes of conduct that have been established to protect human health and provide safety; to ensure individual freedom and the security of one's person and possessions; and to maintain an orderly society.

Purpose: To acquaint students with the laws and school codes concerning drug-related behaviors.

Objective: Students will recognize that a dynamic balance exists between the need to maintain an orderly society and the right of the need to maintain an orderly society and the right of individual freedom and will recognize their rights and responsibilities as students so that the balance can be maintained.

4. DRUGS, MEDIA AND VIOLENCE

Concept: Violence is a destructive behavior, which can be intensified by the use of alcohol and drugs and sometimes exaggerated by the media.

Purpose: To help students understand how alcohol and drugs act as contributing factors in increasing violent behavior among young people, how the media increases violent behavior by reporting on it in a particular manner, and what the consequences of violent behavior are.

Objective: Students will be able to recognize how alcohol and drugs, and the media can increase violent behavior and suggest ways to reduce violence.

5. MANAGING ANGER AND RESOLVING CONFLICTS WITHOUT DRUGS

Concept: Recognizing and managing feelings of anger is a first step in preventing violence between acquaintances and in resolving conflicts without the use of alcohol or drugs.

Purpose: To help students understand the need to recognize and manage feelings of anger without causing harm to themselves or others and without resorting to violence or the use of alcohol and drugs.

Objective: Students will be able to identify positive ways for expressing and managing feelings of anger and resolving conflicts without the use of alcohol or drugs.

